

Marvlix® - Cordyceps Sinensis

History of Cordyceps Sinensis

Cordyceps History of Cordyceps Sinensis *sinensis*, also known as "Winter Worm, Summer Grass", is a rare and exotic medicinal mushroom known in China for centuries. Two thousand years ago in the Himalayan Mountains of Tibet, local herdsmen noticed the unusual vigor of their yaks grazing on Cordyceps.



The cap-less mushroom they found was later recognized as a natural wonder.

Cordyceps sinensis has been used in traditional Chinese medicine as a cure-all. Chinese use it to heal lung, liver, heart and kidney diseases, to treat fatigue, cancer, as well as male and female sexual dysfunction, to relieve pain, to enhance overall health, and to promote longevity.

Due to its rarity, and legendary efficacy against a variety of health conditions, Cordyceps has held, and continues to hold, a highly esteemed position in the vast ranks of Chinese herbal remedies.



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Most people in the West have come to know this once rare herbal medicine in only the last twenty years or so, thanks to the advancement in modern cultivation technology. Those techniques have dramatically lowered the cost of consumption, and have allowed for more in-depth research into Cordyceps' healing potential.

Today, modern scientific research has proven what Chinese practitioners have noted for centuries. Numerous clinical trials have proceeded to scientifically prove that Cordyceps works well in treating and healing a myriad of medical problems.